



# Prosper

Growing Young Leaders

**Aim:** Helping 16-19 year olds:

- \* Prosper in their relationships with God
- \* Prosper in their relationships with each other
  - \* Prosper in leadership skills
  - \* Prosper in their character

## **Who:**

This course is aimed at young people identified by their churches and The Family Trust who currently show signs of leadership that the church wants to develop. This could be young people who have led as 'Young Leaders' on Summer camps but could equally be any young people whom the Church identifies could benefit from the programme.

## **Cost: £80 per young person**

This includes a weekend residential and all course material. The church will be expected to take on a proportion of the cost (£50) to show their commitment to growing young leaders. The young people will be asked to pay the remainder (£30). However if this is a problem we would not let that stop them coming.

## **Church commitment:**

The church will be asked to provide a mentor for their young person; this mentor should be chosen with the young person and church leader. The Church will also support the young person through encouragement and prayer. The Church should commit to helping the young person use their gifts to bless others in the Church, offering leadership opportunities where appropriate.

## **Mentors commitment:**

The mentor will commit to a session at the Family Trust offices to discuss how the project works and receive a small amount of mentoring training. They will meet with their young person and work through the handbook (provided by the course leaders) with them; we ask that they meet fortnightly with their mentee. They will also be expected to attend the commissioning service on the Sunday morning of the residential training weekend.

## **Residential training:**

A weekend in March (16<sup>th</sup>-18<sup>th</sup> March 2012), running Friday evening through to Sunday lunchtime. This will act as the start point for the course & give the young people an opportunity to meet others on the course. Many of the young people involved will be in similar situations: where they are one of very few people their age in their Church. Meeting with like minded people will offer them the opportunity for fellowship with each other through team building activities and sessions led by course leaders and guest speakers. The weekend will end with a 'Commissioning Service' to which the young people's parents and mentors would be invited to see their progress & act as a physical statement of support to all those joining 'Prosper'.

## **Young People**

As stated above, the young people would be expected to contribute £30 (unless this is an issue) towards the program. This is mainly to cover the cost of Residential. The young person needs to have a heart for God & should be open to exploring the journey He is leading them on. They need to commit to meeting with their mentor regularly.

## **Follow Up**

The majority of the follow up work will be done one to one with the young person & their mentor. The Course leaders will arrange half-termly social / worship get-togethers to get the young people together again to share their stories with each other. It is important and beneficial for them to fellowship together regularly and remind themselves that they are growing together.

For those young people wishing to develop their leadership further, The Family Trust & CAST will provide opportunities for them to take leadership roles on Summer Camps and within School Groups, e.g. Chequer Tree Camp & Oxygen Groups. Their churches will provide opportunities within their community.

**'I know what it's like to be a leader, in on Christ's sufferings as well as the coming glory. Here's my concern: that you care for God's flock with all the diligence of a shepherd. Not because you have to, but because you want to please God. Not calculating what you can get out of it, but acting spontaneously. Not bossily telling others what to do, but tenderly showing them the way.'**

**1 Peter 5:2 - The Message**

### Residential suggested programme

<b>Friday</b>	
5pm	Arrival and settle
6pm	Dinner
7pm	Worship and intro to weekend
8pm	Wide game in woods
9pm	Chill out with games ie uno
<b>Saturday</b>	
9am	Breakfast
10am	Session 1
11am	Coffee
11:30am	Low ropes team building activity
1:00am	Lunch
1:30pm	Individual meetings with course leaders
2:30pm	Session 2
3:30pm	Coffee
4:00pm	Session 3
5:00pm	Swimming
6:30pm	Dinner
7:30pm	Individual meetings with course leaders
8:15pm	Group discussion on relevant topic
9pm	Campfire with worship and testimony
<b>Sun</b>	
9am	Breakfast
10am	Together time
10:30am	Session 4
11:30am	Coffee
12pm	Low ropes with improvement
12:30pm onwards	Mentors arrive
1:30pm	Lunch with mentors
2:30pm	Commissioning service