

**Jesus heals a Paralytic**

**Theme:** Helping others

**Prayer:** Standing in a circle, holding hands, thank God for friends and pray for the group to hear from God today.

**Games:**

**Helping hands:** Get the children into pairs and explain that one is going to be the hands the other is going to be the eyes. The person who is going to be the eyes stands holding their hands behind their back. The other person who is going to be the hands stands behind their partner places their arms through their partner's arms thus giving person one a new set of arms! The idea is to get the pairs to perform some simple tasks together for example folding a tea-towel or picking some rubbish up or copying a simple picture.

**Pass the ball:** Get the children standing in two lines next to each other. They have to pass a tennis ball or small sponge ball from one end to the other using their chins and shoulder only. You could do the same thing but have them sat down and they can only use their feet! Also you can have the children stood in a line one behind the other and the person at the front of the line starts with the sponge ball. On your command the first person in the line passes the ball over their head to the person behind who in turn passes the ball to the next person but through their legs. This continues down the line until the last person in the line receives the ball. When the last person has the ball they must run down to the front and start the process again. The game continues until the person who started returns to the front.

**Memory verse:** *"Friends always show their love"* Proverbs 17 verse 17 (GNB)

**Introduction:** Set up an obstacle course. Choose a volunteer to see how quickly they can negotiate the course. Then ask someone else to have a go without using their legs!

**Story:** Mark chapter 2 verse's 1 – 12. This is a good story to act out.

**Application:** What brilliant friends the man had! They were not going to let anything get in the way of helping their mate get to Jesus! They must have felt so excited when their friend was healed! Going the extra mile for our friends is a great way to show we care and also makes us feel good! Think of ways you can show your friends that you really care about them! One good thing is to tell them about Jesus, you might be the only friend who can do that!

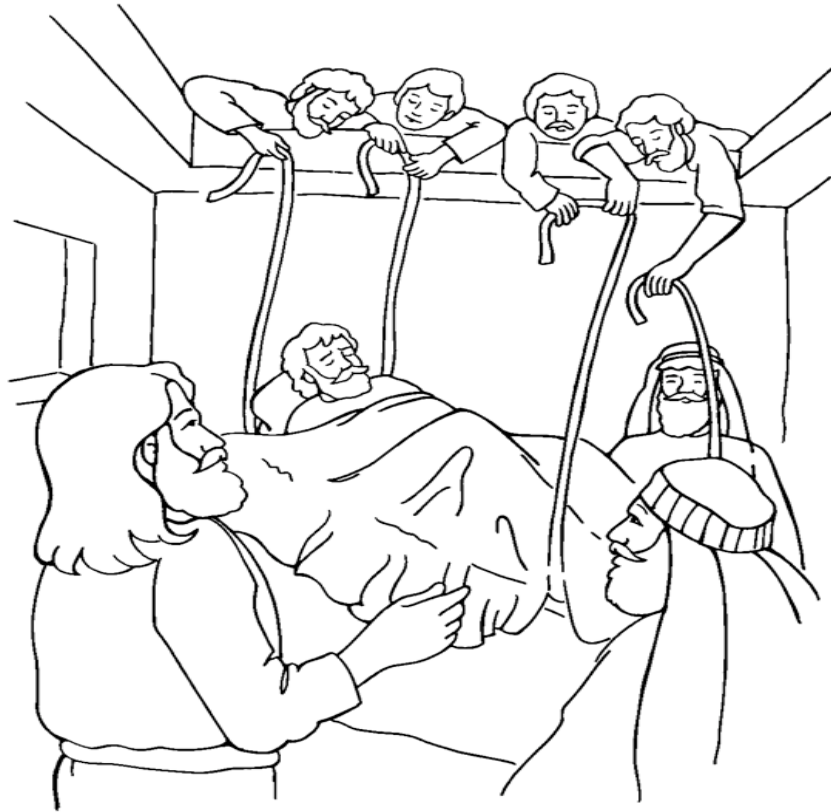
**Prayer:** Think about our friends and pass round a prayer bear or other object. Ask the children to name someone they really care about and want to help.

**Resources:** Funsheet

**Song:** "Jesus is greater than the greatest hero" (The Best of Spring Harvest Kids Praise)

**Extra Game:** Circle Dodge Ball. In a large circle, two or three people in the middle, one or two balls which those in the circle throw at the players in the middle. When hit (below the knee) they change places with the thrower. Keep this moving quickly.

"Friends always  
show their  
love"  
Proverbs  
17 v 17



Unscramble the letters to reveal the hidden message

OUR IEN HE FR DS LP CAN WE

--	--	--	--	--	--	--	--

C P E M L U C F B A S P  
 U T L X A A G Z B D M E  
 L V O X R T D H N R T P  
 F Y H R W U U E T K R Y  
 I O I D K J I N J P K L  
 S E R P A R A L Y S E D  
 D U O G F S L A E H K F  
 U L S R I F W A L K E V  
 K F U E O V W R G C N C  
 E O B O J U E I O T B P  
 F V R A N O A N F T X H  
 Y H F V G S D T T T U T

CARRIED FORGIVEN FOUR FRIENDS  
 HEALS HOLE JESUS  
 MAT PARALYSED ROOF  
 WALK

Can you write your own prayer for a friend?

-----  
 -----  
 -----  
 -----