

David dancing before the Lord

Theme: Worship

Prayer: Light a candle and pray that God would be at the centre of our group today.

Games:

Musical statues: Good old classic! All you need is some music and something to play it on. The idea of the game is that when the music stops the children stop dancing and anyone moving has to sit out a turn. We would recommend that the children are not out and should be allowed to rejoin. You could also run a little competition for the best three dancers.

Dance contest: Come up with a list of "dances". You could use things like "The Ninja", "The Fish", and "The Frog". Write these on slips of paper and put into a "hat". Divide the group into teams. One member of each team comes up and draws a slip out of the hat. Their team must make up a dance to go along with what was on the slip of paper. Play one minute of some upbeat music and have them show you the latest dance craze. At the end, the group votes on the best dance and everyone joins in the winning dance.

Memory verse: *"Worship the Lord for He is Holy" Psalm 29 v 2B (GNB)*

Give each child a piece of A4 paper and get them to write down words of praise to God. Make them into paper airplanes and as they throw them up in the air, get everyone to shout out the memory verse.

Introduction: There are many things in life that we can worship. To worship something or someone means to give it worth and time, to honour and adore it. Lots of people worship sport so they go and watch their favourite team as well as have the latest kit. Ask the children if they can think of other things people might worship for example TV, food, music.

Story: David dancing before the Lord. 2 Samuel chapter 6 verses 1-23.

Application: David loved God and he loved to worship God in lots of different ways. Although he was an important King, one of the ways David worshipped God was through dance. He also wrote most of the psalms which we find in the Bible. (You could read one out to the group) Lots of churches today still worship God through dance as well as singing in big bands and choirs. If you have a favourite worship CD, maybe you could play it to the children to let them hear how you like to worship. Think of other ways that we can worship God, i.e. praying, writing poems, songs, drawing pictures.....

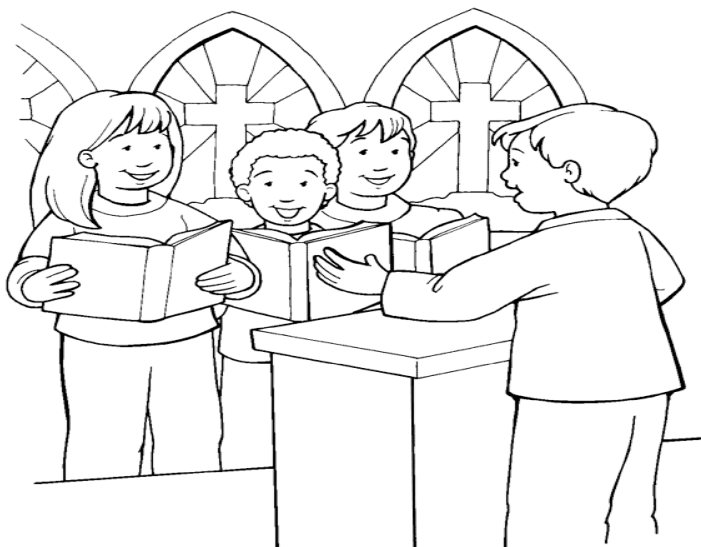
Prayer: Get the group to stand in a circle, light a candle and put it in the centre. Explain that we are putting God at the centre of our lives and He is the one we worship. Invite the children to say a short prayer of praise to God, taking it in turns round the circle.

Resources: Funsheet.

Song: "I will dance, I will sing, to be mad for my King". Matt Redman

Extra Game Musical Chairs!

Worship



Looking at these pictures can you list four ways of worshipping God?

1. -----
2. -----
3. -----
4. -----

"Worship the Lord for He is holy"

Psalm 29 v 2b

C O M G M L J I S U
 E R P U S S H K T E
 Q J E L S C K W F G
 C M M Y R I O Z A O
 G Q R U A R C A R D
 V G H B S R K D C H
 J C N H A A P J F F
 G N I G N I S Y C R
 A P D A N C E D Y C
 Z S D B P I C Y P V

Can you find these words?

DANCE
 SINGING
 INSTRUMENTS
 PRAYER
 CRAFTS
 MUSIC
 GOD
 CHURCH